

# PACKAGE LEAFLET: INFORMATION FOR THE USER

## Pancreate 25000 capsules pancreatin

### User Information Leaflet

#### Pancreate 10000 throughout the following:

- Pancreate 25000 is a pancreatic enzyme supplement for people whose bodies do not make enough enzymes to digest their food.
- Take the number of capsules as prescribed by your doctor or dietician.
- Take Pancreate 25000 during or immediately after a meal or a snack and drink plenty of water.
- Do not take Pancreate 25000 if you are allergic to pork or any pig product.
- If you experience severe abdominal pain while taking Pancreate 25000, contact your doctor immediately.
- Most people do not have problems taking Pancreate 25000 but side effects can occur (see section 4).

Please read the rest of this leaflet carefully before you start taking these capsules. It includes other important information on the safe and effective use of this medicine that might be especially important for you

#### How to find the information you need

1. About Pancreate 25000 What Pancreate 25000 is and how it works.
2. Before you take Pancreate 25000  
Who can take Pancreate 25000?  
Can you take Pancreate 25000 if you are pregnant or breast-feeding?  
Driving or operating machinery
3. How to take Pancreate 25000  
How much Pancreate 25000 you should take.  
When you should take Pancreate 25000.  
How you should take Pancreate 25000.  
What to do if you take too much Pancreate 25000.  
What to do if you forget a dose.
4. Possible side effects  
Abdominal symptoms (such as abdominal pain).  
Side effects and what to do if you get them.
5. How to store Pancreate 25000  
How and where to keep your capsules.
6. Further information  
The ingredients in Pancreate 25000.  
More information about cystic fibrosis and pancreatitis.

This medicine has been prescribed for you personally. Don't offer it to other people, even if their symptoms seem to be the same as yours.

#### 1. About Pancreate 25000

##### What is Pancreate 25000

- Pancreate 25000 is a pancreatic enzyme supplement.
- Pancreatic enzyme supplements are used by people whose bodies do not make enough of their own enzymes to digest their food.
- Pancreate 25000 capsules contain a mixture of the natural enzymes which are used to digest food.
- The enzymes are taken from pig pancreas glands.

##### How does Pancreate 25000 work?

The enzymes in Pancreate 25000 work by digesting food as it passes through the gut. So, you must take Pancreate 25000 at the same time as eating a meal or a snack. This will allow the enzymes to mix thoroughly with the food.

#### 2. Before you take Pancreate 25000

##### Do not take Pancreate 25000 if:

- You are allergic to pork, any pig product, or to any of the other ingredients (see section 6).

If the above applies to you do not take Pancreate 25000 Talk to your doctor or dietician again.

##### When you need to take special care with Pancreate 25000

A rare bowel condition called "fibrosing colonopathy", where your gut is narrowed, has been reported in patients with cystic fibrosis taking high dose pancreatin products.

If you have cystic fibrosis and take in excess of 25,000 lipase units per kilogram per day and have unusual abdominal symptoms or changes in abdominal symptoms tell your doctor.

##### Talk to your doctor if:

- you are pregnant or trying to get pregnant (Pancreate 25000 can be used while breast feeding)

Please tell your doctor dietician or pharmacist if you think that you should not take Pancreate 25000 for any other reason.

##### If you drive or use machines

It is unlikely that Pancreate 25000 will affect your ability to drive or operate tools or machines.

##### Sodium content

This medicine contains less than 1 mmol sodium (23 mg) per dosage unit, that is to say essentially 'sodium-free'

#### 3. How to take Pancreate 25000

##### How much Pancreate 25000 to take

- Always follow your doctor or dietician's advice on how many capsules to take.
- If your doctor advises you to increase the number of capsules you take, you should do so slowly. If you still have fatty stools or abdominal pain, talk to your doctor or dietician.

##### When to take Pancreate 25000

- Always take Pancreate 25000 during or immediately after eating a meal or a snack and drink plenty of water (see section 1).

##### How to take Pancreate 25000

- Swallow the capsules whole or
- Open the capsules and mix the granules (without crushing) with acidic liquid (e.g. apple, orange or pineapple juice) or soft food (e.g. apple sauce or yoghurt). Swallow the mixture straight away, without chewing.
- Drink plenty of liquid every day.
- Mixing with non-acidic food or liquid, crushing or chewing of the pellets may cause irritation in your mouth or change the way Pancreate 25000 works in your body.
- Do not hold Pancreate 25000 capsules or its content in your mouth.
- Do not store the mixture.

##### How long to take Pancreate 25000 for

You should take your medicine until your doctor tells you to stop. Many patients will need to take pancreatic enzyme supplements for the rest of their lives.  
If you take too much Pancreate 25000  
If you take too much Pancreate 25000 you should drink plenty of water and see your doctor immediately.

##### If you forget a dose

If you forget to take your medicine, wait until your next meal and take your usual number of capsules. Do not try to make up for the number of capsules that you have missed. Just take your next dose at the usual time.

#### 4. Possible side effects

Like all medicines, Pancreate 25000 can cause side effects (unwanted effects or reactions), but not everyone gets them.

If you have severe or long-lasting abdominal pain, contact your doctor immediately.

If you notice any unusual abdominal symptoms while taking Pancreate 25000 – contact your doctor.

##### Very common side effects (affect more than 1 in 10 patients):

- stomach pains

##### Common side effects (affect 1 -10 patients out of 100):

- diarrhoea
- constipation
- feeling or being sick
- bloating

##### Uncommon side effects (affect 1 -10 patients out of 1000):

- Skin reactions, such as a rash.

During use, some patients have also experienced the following, the frequency of which is unknown:

- itching with or without a rash
- allergic reactions (which may be severe)
- severe or long-lasting abdominal pain (Fibrosing colonopathy).

At extremely high doses, some patients have had high levels of uric acid in their blood and urine.

##### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse.

#### 5. How to store Pancreate 25000

##### How and where to keep your capsules

Keep this medicine out of the sight and reach of children.

Do not store above 25° C and keep in the original container. After opening do not store above 25 °C and use within 6 months. Keep the container tightly closed. The enzymes in Pancreate 25000 are natural products and their ability to digest food decreases over time. If the container is left in warm conditions (e.g. the glove compartment of a car), the digestive activity decreases faster.

Do not take Pancreate 25000 capsules after the expiry date on the bottle.  
Return all unused medicine to your pharmacist.

#### 6. Further information

##### The ingredients in Pancreate 25000

The active ingredient in Pancreate 25000 is pancreatin.

Each capsule contains enteric coated brownish-coloured granules (minimicrospheres) containing pancreatin 300 mg, equivalent to:

##### List of Enzymes : (USP units per capsule)

Lipase	25,000
Amylase	74,700
Protease	62,500

The granules are coated with a mixture of the following ingredients: macrogol 4000, hypromellose phthalate, dimeticone, triethyl citrate and cetyl alcohol.  
The capsules contain: gelatin, iron oxides (E172), titanium dioxide (E171) and sodium lauryl sulfate.

##### Manufactured by :

Stafford Laboratories Pvt. Ltd.

An ISO 9001:2015,

14001:2015, OHSAS 18001:2007

143, Raipur Ind. Area, Bhagwanpur, Roorkee, (UK)



##### Manufactured for:



##### Prevego Healthcare and Research Pvt. Ltd.

(An ISO 9001:2015 & WHO GMP Certified Company)

08,GR.FL, Building No. 2, Unico Industrial Park

Tungarewar fatta Sativali Vasai East,

Palghar - 401208. Maharashtra - 27

International Correspondence Office

Prevego Healthcare and Research LLC, Sharjah UAE

Application Available : Google Play / App Store